

Pediatric Sleep Questionnaire

Last Name:		First Name:		Birthdate:	
1. Does your child snore more than half the time?					
2. Does your child snore all the time? Yes No					
3. Does your ch	ild snore loudly?	☐ Yes ☐ No			
4. Can you hear	r your child breath	ning heavily or loudly during	their sleep? 🦳 Yo	es 🔲 No	
5. Does your child pause or stop breathing during their sleep? Yes No					
6. Does your ch	ild struggle to bre	eath during their sleep?	Yes No		
7. Can you hear	r your child grindi	ng their teeth at night?	Yes No		
8. Does your child fall asleep during the day inappropriately? Yes No					
9. Is your child I	hyperactive?	Yes No			
10. Does your ch	ild have bedwetti	ng? 🔲 Yes 🔲 No			
11. Does your child breath through their mouth or have their lips separated during the day or night? Yes No					
12. Does your child wakeup with a dry mouth? 🔲 Yes 🔲 No					
13. Does your child wake up unrefreshed in the morning? Yes No					
14. Do you have a hard time waking them up? Yes No					
15. Does your child wake up with headache? 🔲 Yes 🔲 No					
16. Has your child slow down in the rate of normal growth since birth? 🔲 Yes 🔲 No					
17. Does your child not seem to listen when you speak to them directly? 🦳 Yes 🔲 No					
18. Does your child struggle with organizing tasks? 🦳 Yes 🥅 No					
19. Does your child get easily distracted with outside stimuli? 🦳 Yes 🔲 No					
20. Does your child fidget or squirm in their seat ? 🦳 Yes 🥅 No					
21. Is your child too active and seems to be always on the go? Yes No					
22. Does your child interrupt others during a conversation or a game? Tyes No					
			7		
			Today's Date:		
				_	
Signature					
If signed by act for patie	-	esentative of the patient, des	scribe the represer	itative's relationship to and	autnority to
Representa	ative's Name:				
Relationshi	p:		/.	•	
	•			8	